

By Tracy Beard

PROVISIONS

ALONG THE TRAIL, AT THE PARK & ON YOUR PATIO!

Goni's Stromboli

Make your favorite dough or purchase Rhodes frozen bread dough and thaw. Roll out the dough and place the filling lengthwise in the middle leaving 1/3 of the dough free on both sides. Choose from a variety of ingredients or repurpose some leftovers. Use approximately 3 cups of filling; anything you would put on a pizza is excellent, minus the sauce.

Here are a few ideas:

1 cup mozzarella

½ cup cooked sausage

½ cup cooked hamburger

¼ cup pepperoni

2 Tbl. chopped sundried tomatoes

¼ cup chopped olives

¼ cup very thinly sliced or sauteed mushrooms

Pull sides over toward the middle to make it 1/3 in width, fold over the ends. Pinch all ends and flip over onto a greased baking sheet. Score the top with three or four slits. Let rise in a warm area for 30 minutes. Bake at 350-375 degrees for 20 to



25 minutes. Put onto a cooling rack and let it sit for 10 minutes. Slice into approximately 15 pieces. Serve warm or at room temperature, with or without your favorite marinara sauce.

Try out this delicious brunch or breakfast dish before heading out, or pack it up warm and covered with foil. Serve it at the park upon arrival.

Finnish Pannukakku

4 tablespoons butter 6 eggs
½ cup sugar
2 tsp. vanilla
1½ cups flour
1 tsp. salt
2 cups milk

Melt butter. Beat the eggs and add them to the butter. Add all the remaining ingredients. Mix well. Pour into a greased 9 x 13-inch pan and bake at 375 degrees for 24 minutes.



Serve with bacon or sausage and pancake toppers like syrup, fresh fruit, jam or peanut butter.

AUTUMN ENJOYMENTS, RIVER VIEWS

It's Time to Tailgate!

Story & photos by Tracy Beard

et the games begin. Whether you are preparing to tailgate before a game or are heading out for a picnic, I've got some great recipes to tantalize your tastebuds and fun ideas for where to go to enjoy them. Dust off your lawn chairs, clean the back of your truck and check out Vista Point, Bradley State Park and Riverside Park.

Vista Park, Skomakawa, Washington

Vista Park has options. You can play for the day or camp overnight in the RV park that offers 15 hookup sites, 27 partial hookup sites, 27 tent sites and 5 yurts. Daytime use is free although donations are always welcome. Pack your gear, get a license from the Skamokawa store and go fishing. Bring your bikes, as it's easy to ride on the relatively flat campground roads or venture out on a hike in the woods along the quarter-mile

nature trail. Outdoor recreation includes basketball, tennis, hiking, picnicking and wildlife viewing. The park is located on the Columbia River, offering many water activities like canoeing, boating, fishing and other watersports. There is plenty to do here for a day, long weekend or even a summer vacation.

Bradley State Park near Clatskanie, Oregon

Enjoy the drive along US 30 heading west from Rainier, Oregon. Bradley State Park boasts a grassy picnic area with Douglas fir trees that provide shade on the grassy knoll. This park has a magnificent viewpoint from which to photograph the river and watch the ships and barges traverse the waterways. Pack your lunch and enjoy the quiet serenity of this little park. Nathan Bradley's heirs gave the park to Clatsop County in

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area served as a concession stand for travelers, and a caretaker's house once stood on the property. The designated parkland was one of the first donated to the Oregon

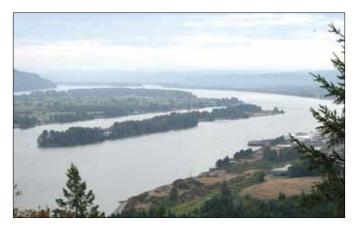
1921, and it became a state park in 1922. Originally the

Highway Commission in 1922. The cement bench monument reads: This park donated to Clatsop County by Fred W. Bradley and the heirs of Elemar E. Bradley of Bay City, Michigan,

July MCMXXI (1921). The park is a fun place to take photos, and the permanent restrooms make it a comfortable place to spend the day.



Riverside Park is an incredible place for all kinds of gatherings. The 58-acre park is just off of I-5 alongside the Cowlitz River. A sports complex with soccer and baseball fields, tennis, bocce ball and basketball courts is at the front of the grounds. Driving further into the park, old-growth maple trees, 125 picnic tables, covered pavilions









with sinks, electricity and charcoal grills, and large grassy spaces are all available for public use. Playground structures are specially designed for kids ages two to five, while others in the park are perfect for older children. Four bathrooms with flush toilets are located on the property. Workout stations with information boards and numerous walking trails, with access to the dike along the river, help make this park a local favorite for weddings, reunions, birthday parties and picnics.



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